

THORNE



Training

Thorne's NSF Certified for Sport® training products benefit energy production, muscle endurance, power output, and hydration.*



Beta Alanine-SR

- / Supports the buffering capacity of muscles*
- / Increases carnosine levels in muscles*
- / Provides antioxidant support*
- / Helps maintain and promote muscle endurance and power output*
- / Helps improve time-to-failure during aerobic and anaerobic exercise*
- / PureTab™ sustained-release delivery maximizes benefits while minimizing potential tingling*



Catalyte

- / An electrolyte and energy restoration complex*
 - / Broad-spectrum repletion of nutrients and hydration
 - / Replaces the primary electrolytes lost in perspiration
 - / Formulated with sodium in the ratio that is typically found in sweat
- / Tasty lemon-lime flavor
- / Contains sweeteners derived from natural sources
- / Low in calories



Creatine

- / Supports increased work capacity and energy output of muscles*
- / Increases cellular energy production/ATP*
- / Promotes lean muscle mass*
- / Lessens muscle breakdown in aging populations*
- / Supports cognitive function in aging*
- / Mixes easily in water or beverage of choice



800-228-1966
support@thorne.com

Shop now
www.thorne.com

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

ThorneTraining_V01_08.26.22 | Copyright © 2022, Thorne Research, Inc. All rights reserved.