# THORNE

# SPORT

### **Foundation**

Thorne's NSF Certified for Sport® foundational products bridge nutrient gaps, support GI health, and promote rest and recovery.



#### **Basic Nutrients 2/Day**

- / 2,000 IU of vitamin D3 per serving
- / Amino acid-chelated minerals
- / Mixed tocopherols
- / 400 mcg of vitamin K (as K1 and K2) per serving
- / Active form of folic acid L-5-methyltetrahydrofolate
- / Active, readily usable forms of vitamins B2, B6, & B12



#### **Multi-Vitamin Elite**

- Contains botanical extracts that provide additional benefit for joint recovery, energy metabolism, stress relief, and restful sleep\*
- / Includes the better-utilized forms of vitamin B2, B6, B12 and folate
- / Provides vitamin K2 to support bone and vascular health\*
- / Contains chelated minerals for optimal absorption\*





- / To help maintain a healthy balance of GI flora\*
- / For occasional diarrhea, including diarrhea from traveling or antibiotic use\*
- / Positive results from a randomized, placebo-controlled trial indicate reduction of antibiotic-associated diarrhea\*
- / Containing 20 billion CFUs per capsule
  - $\, / \,$  In individually-sealed blister-packs for humidity and temperature control



### **Magnesium Bisglycinate**

- / Promotes restful sleep and relaxes smooth and skeletal muscle\*
- / Supports energy production\*
- / Promotes normal cardiac function\*
- / Supports blood glucose regulation\*
- / Supports bones\*
- / Well-tolerated, lightly sweetened powder that dissolves easily\*

