## Research matters.

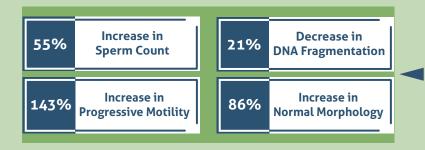


## FH PRO for Men Improves Sperm Health Parameters After 90 Days\*

In a prospective clinical trial performed at Hamad Medical Corporation in Doha, Qatar in consultation with the Cleveland Clinic in Ohio, 148 men were given FH PRO for Men for 90 days.

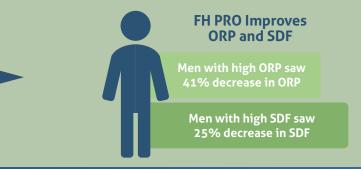
All 148 participants had fertility issues due to at least one abnormal sperm parameter or for an unexplained reason. Taken altogether, this group experienced statistically significant improvements in all sperm parameters. These results were presented at the 2019 annual meeting of the American Society of Reproductive Medicine. Full abstract available at fh-pro.com/clinical-study.



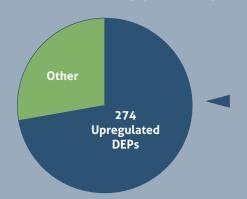


Of the 148 participants, 119 had at least one abnormal sperm parameter at the start. After 90 days of taking FH PRO for Men, this group experienced statistically significant increases in count, progressive motility, normal morphology and decreased DNA fragmentation. Results published online in Antioxidants on March 6, 2020. Full article available at fh-pro.com/clinical-study.

108 of the 148 participants had elevated Oxidative Reduction Potential (ORP) at the beginning of the study; this group experienced a 41% decrease in ORP. 47 of the 148 participants had high Sperm DNA Fragmentation (SDF) to start; this group experienced a 25% decrease in SDF. Results published online in Antioxidants on March 6, 2020. Full article available at fh-pro.com/clinical-study.



## FH PRO for Men Supports Sperm Function at the Molecular Level\*



In a groundbreaking study conducted at the Cleveland Clinic, men were given FH PRO for Men for 180 days. The results showed that supplementation with FH PRO for Men resulted in increased expression of sperm proteins associated with spermatogenesis, maturation of sperm, sperm-binding function, and fertilization process, suggesting a possible explanation for the well-established benefits of antioxidant supplementation on sperm health. This study was published online in Antioxidants on October 16, 2019. Full article available at fh-pro.com/clinical-study.

<sup>\*</sup> These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. FH PRO for Men: US Patent #10,092,615 B2



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